Feeding Western: Addressing Food Insecurity on Campus

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What is Food Insecurity?

ACCESS         QUALITY        QUANTITY

WHERE you can get food, WHAT KIND of food you can access, and HOW MUCH food

Low                                                                                                                     High
Food Insecurity                                                                                          Food Security
“Students are 52% less likely to go to class if they don’t have access to food”

-Swipe Out Hunger.com
Project Overview

Completed:
- Survey sent out to Western students
- Solutions researched

In progress:
- Planning and implementation
- Food pantry launch date!

Next steps:
- Funding and food sources
### Yes/no questions

<table>
<thead>
<tr>
<th>Question</th>
<th>All responses</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Did you ever cut the size of your meals or skip meals because there wasn’t enough money for food?</td>
<td>All responses</td>
<td>68%</td>
<td>32%</td>
</tr>
<tr>
<td>Did you ever eat less than you felt you should because there wasn’t enough money?</td>
<td>All responses</td>
<td>67%</td>
<td>33%</td>
</tr>
<tr>
<td>Did you ever not eat for a whole day because there wasn’t enough money for food?</td>
<td>All responses</td>
<td>18%</td>
<td>82%</td>
</tr>
<tr>
<td>Did you lose weight because there wasn’t enough money for food?</td>
<td>All responses</td>
<td>32%</td>
<td>68%</td>
</tr>
<tr>
<td>Were you ever hungry but you didn’t eat because there wasn’t enough money for food?</td>
<td>All responses</td>
<td>56%</td>
<td>44%</td>
</tr>
</tbody>
</table>
Food Pantry

Nonperishable foods

Market style or “Kit Style”

Available to university community
Over 200 affiliated schools nationwide

Provides a “Campus Food Pantry Toolkit”
Peer Institution

Food Pantry in Office of Sustainability

Student/volunteer run, donation based

Non-perishables, seasonal fruits and veggies when available
Where We Are

Collaboration with Christian Urcia

Birnam Wood “Kit-Style” Food Pantry (boxes including 3-5 meals)

Launch Winter Quarter

Hours: Mon, Thurs, Sat

Open to students, faculty & staff
Food Budget

3-5 meals/kit @ $10-15/kit: funding for the quarter about $7,000-10,000*

466 to 1,000 students per quarter

*not accounting for donations and sponsors

Advertising costs
Funding

Residence Hall Association

In-Kind Funds from University

Food Sources:

Collaboration with Aramark

Possible food donations from Food Co-op

and other local grocery stores
Evaluating Need

Voluntary survey

Monitoring system
Future Positions

Western Hunger Coordinator

Pantry Distribution Volunteers
Feeding Western

We thank you for your support and interest in helping Western Washington University become more food secure.

“In a world of plenty, no one, not a single person, should go hungry.”

– Ban Ki-moon, the United Nations Secretary General
Questions?