

Sustainability, Equity, & Justice Fund

SEJF Grant Application 2024-2025 Academic Year

This SEJF grant application is for all fund requests, regardless of grant size. Please fill out the application completely, utilizing additional space as appropriate. Supplemental documents may be added in the appendix at the end of the document. For questions about the application, reference the SEJF Grant Proposal Toolkit or ask a program representative.

Submit your completed application (including signatures) by emailing it to the SEJF Grant Program Manager, Zinta Lucans. Applications must be signed by your advisor, all project team members, and stakeholders, for them to be reviewed. Email: lucansz@wwu.edu.

During the 2024-2025 academic year, only grant requests between \$500.00-\$35,000.00 will be accepted. Applications will be reviewed by the Associate Director of the Sustainability Engagement Institute for alignment and completeness and then provided to the SEJF Committee. The committee will review the grant application, receive your presentation, and approve or decline the funding request.

Project title	Reproductive Justice - Equal Access to Long-Acting Reversible Contraceptive Care at the Student Health Center
Funding amount requested	\$28,000.00
Deadline you are submitting for (Fall, Winter, Spring)	Fall 2024
SEJF program representative signature (all project teams must work with an SEJF representative prior to submitting the application)	Zinta Lucans (SEJF Grant Program Manager)

SECTION 1: Project Concept.

a. Statement of Purpose:

Summarize your project idea, including a problem statement, in 1-2 sentences.

The Student Health Center (SHC) wants to facilitate access to LARC (Long-Acting Reversible Contraceptive) for students with uterus' without insurance, with inadequate insurance, or out-of-state insurance that denies coverage of certain or all contraceptives, or those with confidentiality issues preventing them from using insurance. They seek funding to pay for these LARC options and the cost of the procedure through the SHC.

b. Project description:

Describe your proposed project in detail, including a description of costs associated with the project.

The Student Health Center (SHC) at WWU is a primary care medical clinic specializing in college health; providing an extensive array of services which includes preventative and behavioral health, LGBTQ+ health, injury and rehabilitation health, sexual health, and healthcare after sexual assault. Contraceptive care and pregnancy prevention is an essential preventative/sexual health care option for students in pursuit of academic retention, degree completion and bodily autonomy.

The SHC is aware that some students cannot, or do not utilize their services, due to a variety of circumstances, which include concerns regarding financial costs, access, means, and issues of parental confidentiality.

Of students accessing the SHC for contraceptive care in the past 10 months (including Summer Quarter, which notoriously is lower census), approximately 30% desired or necessitated access to a Long-Acting Reversible Contraceptive (LARC). Of that 30% approximately 57% were referred off campus due to the lack of insurance, or type of insurance that didn't cover the LARC device at the SHC, or desire for confidentiality from their insurance holders (parent/guardian). A referral off campus necessitates access to a Planned Parenthood or an assigned Primary Care Provider.

LARC devices are 99% effective in pregnancy prevention and include: *1

Intrauterine Device (IUD); Paragard-a non-hormonal IUD option. Effective to 12 years. Effective as emergency contraception with ongoing contraceptive coverage- within 5 days of unprotected intercourse.

Levonorgestrel IUD **Liletta/Mirena** 52 mg. Effective to 8 years, Effective as emergency contraception with ongoing contraceptive coverage- within 5 days of unprotected intercourse. **Kyleena** 19.5 mg. Effective to 5 years. NOT utilized for emergency contraception

Implanted device: Nexplanon- 68mg etonogestrel, Effective to 5 years. NOT utilized for emergency contraception.

The SHC wants to address the above issue by implementing a more streamlined LARC access program, at low to no cost for those eligible students. Students who are uninsured, have out-of-state insurance, have insurance that doesn't cover contraceptive device options through the SHC, or that are facing financial and/or confidentiality issues- are the target population for this program. These students would be identified individually for need and eligibility while consulting with a medical provider.

This program would offer those identified students access to service on campus, day of or within 1-2 weeks of needed/indicated LARC access. These same students may not otherwise have access in Bellingham or Whatcom County, for confidential, timely, free or low-cost contraception/LARC options.

The costs involved in this program include the purchasing of the LARC devices (Intrauterine devices (IUD) and Implant device (Nexplanon)) and the cost of insertion of the devices. LARC devices range from approximately \$900.00-1174.00 (SHC cost), with subsequent (reversible) efficacy from 5-12 years. The current charge for an IUD insertion at the SHC is \$107.00. The current charge at the SHC for insertion of the Nexplanon is \$68.00. It is anticipated that individual device ordering/supply will be in response to demand over the course of implementation of this SEJF grant.

IUDs not only provide highly efficacious pregnancy prevention; they also provide emergency contraception with ongoing contraception as well as menses suppression, in some forms. An implant device is also highly efficacious for pregnancy prevention and menses diminishment/suppression for some.

Additional costs of LARC device and delivery/insertion include – administrative, nursing, educational, clinical and follow up services which are considered covered by the Student Fees under general clinical services.

The Student Health Center is historically funded exclusively by student fees. Each quarter, students registered for classes at Western Washington University are assessed a Health and Wellness Fee. This fee, which is shared between the Student Health Center (SHC) and the Counseling/Wellness Center, provides funding to support student access to counseling/wellness, and health (SHC) services on Western’s campus. To date, this fee has provided students with unlimited access to health and counseling consultation services at no additional charge to the student. Lab work, pharmaceuticals and off campus services are not covered by this fee.

Unlike the Counseling/Wellness Center, which receives supplemental revenue from the state, currently 100% of the Student Health Center’s revenue is derived from the Health and Wellness fee. The SHC does not have a WWU Foundation scholarship program.

c. **Goals:**

What are the goals and desired outcomes of your project?

The goal of this project is for all students at WWU who need/desire a Long-Acting Reversible Contraceptive for long-acting contraception, emergency contraception or other LARC indications have equitable access to that option; regardless of their financial, insurance or confidentiality situation(s).

Access to LARC for university students allows for one time access of effective long-acting contraceptives and ongoing promotion of bodily autonomy. In this, reproductive justice is fulfilled. This would be made possible through receipt of the SEJF grant.

d. **Student impact:**

How does this project directly impact the Western student community?

WWU has a total of 14,700 students enrolled for Fall 2024– over half of which were eligible to utilize prescribed contraceptives (by virtue of having a uterus). With this grant, the SHC can offer appropriate LARC choices for those who face barriers relating to insurance, finances, and privacy and promote their bodily autonomy and academic retention.

e. **Education and outreach plan:**

How do you plan on promoting your project on campus? How will the Western community learn about your efforts? Is there an educational component to your project?

The SHC will provide student outreach as appropriate, to inform eligible and needy students of the program and ensure the information reaches students who need it. This includes but is not limited to partnering with the Counselling and Wellness Center and Sustainability Engagement Institute with posters. As well as presenting information individually and at events on campus and advertising the program along with the SHC's other services.

f. **Metrics:**

How will the impact of this project be measured? What are quantitative and/or qualitative metrics that can be tracked?

The SHC will track the success of the program by monitoring supply demand/use, ease of access and student/patient satisfaction. The SHC will organize post procedure surveys, reflecting ease of access and patient satisfaction.

g. **Lasting impact:**

What is the longevity of this project? How will it impact sustainability, in the long-term, on campus?

This project is intended to provide access to LARC options to eligible students, as long as supplies and funding lasts.

Through this SEJF grant, and into the future; equitable access to LARC for the student population of WWU affords all (equally) with the opportunity to pursue their study and completion of degree/goal without the worry of untimely/undesired conception or financial/confidential barrier to that access. There-in impacting reproductive justice in a sustainable way.

h. **Ownership & post-SEJF-funding plan:**

Which individual, office, or department is taking ownership of this project? Identify the post-SEJF-funding plan: if the project is to be continued, how will it be funded?

The SHC is equipped to take complete ownership of the project.

The additional intention and benefit of the project is for it to provide a bridge for equitable access over the next year (or more) as the SHC develops and implements their billing model, projected for implementation, Spring 2026. With implementation of billing at the SHC, those without equitable access may be eligible to access funds for similar reproductive health needs through the collective Student Health Fee. If there are remaining LARC devices from this project at that time, those remaining devices will be utilized for persons without insurance and with financial need. Our hope is that this SEJF grant will provide an adequate bridge to alternative funding sources that are projected to be implemented by Fall 2026.

SECTION 2: Sustainability Impact.

- a. **How will your project positively support each of the four pillars of sustainability at Western? Explain the connection to at least three of the four pillars.**

1. Create economic vitality; 2. Promote well-being; 3. Protect the environment; 4. Uphold social justice.

This program will uphold the values of WWU's Four Pillars of Sustainability by:

1. **Create economic vitality:** This program will remove economic barriers to LARC. By providing seamless access to LARC options, students will not experience a gap in contraceptive need and will not have to seek transportation or other funding sources for pursuing access elsewhere. LARC methods are long-acting methods, so ongoing monthly purchase or pursuit is not necessary.

2. **Promote well-being (human health):** This program, in making contraceptives options equally and easily accessible, prevents undesired or untimely reproduction. The use of LARCs provides greater longevity of contraception, higher efficacy rates, and low risk of complication or side effect.

3. **Protect the environment (local and global ecology):** Utilization of LARC significantly diminishes waste produced by other daily, weekly, monthly and as needed contraception options. It also diminishes the need for follow up, reoccurring commercial purchase (i.e.: menstruation products), and travel.

4. **Upholding social justice (equity):** Bodily autonomy, reproductive equity/justice = safe and efficacious access and choice. Through this SEJF grant, equal access to LARCs provide the choice of long acting, reversible contraception- therein affording all (equally) with the opportunity to pursue their study and completion of degree/goal without the worry of untimely/undesired conception or financial/confidential barrier to access.

- b. **How will your project positively align with Western's Sustainability Action Plan (SAP)?** Please determine how it advances one or more of the ten SAP chapters by connecting it to a specific objective. *For information on the SAP, please refer to the Sustainability Engagement Institute's website (sustain.wvu.edu) or ask a program representative. The ten SAP chapters are:*

1. Built Environment
2. Campus & Community Engagement
3. Curriculum and Research
4. Dining Services
5. Grounds
6. Investments
7. Procurement
8. Student Life
9. Transportation
10. Waste

Primary chapter and objective in alignment: Student Life

Explanation: The third goal of WWU's SAP regarding Student Life articulates, "Social, Economic, and Ecological (SEE) sustainability principles are integrated into student career and lifelong practices," with the rationale that "Active minds, changing lives; students will take sustainability principles and practices into their personal lives and work."

The Student Health Center's proposed LARC access program promotes sustainability; sustainability is not achievable without equity - this project addresses that barrier first, which then makes all other positive sustainability impacts possible. This is the idealistic healthcare model that WWU has the unique opportunity to make a reality. Students impacted by equitable reproductive healthcare will look to replicate and reciprocate the equitable environment that WWU fosters in their professional and personal lives.

SECTION 3: Project Participants.

Project Advisor (Faculty or Staff) Student proposals must include a staff or faculty advisor. The role of the advisor is to assist the team during the development, implementation, and post-implementation stages of the proposal process.

Project Lead: There must be a team lead designated for the project. This individual is expected to serve as the communication liaison for the project.

Financial Agent: The project must have someone with budget authority to manage funds for all purchases. Should funds require transfer, this individual will have to provide a FAST Index and Activity Code to the SEJF Program Coordinator. Financial agents must be permanent staff and/or faculty members on campus and cannot be student employees.

*Important note: expenditures become the responsibility of the grantee if not all grant conditions are met. This includes final reporting requirements. If you are unclear what the requirements are, please contact an SEJF representative. Your signature below indicates an understanding of this note.

Role	Name	Department/College: <i>Students provide major/minor and expected graduation quarter/year</i>	Position: <i>faculty/ staff/ student</i>	Western email address	Signature to verify agreement
<i>Team Advisor</i>	n/a				
<i>Team Lead</i>	Renee Wilgress, ARNP	Student Health Center	Staff: Medical Provider, ARNP	Renee.wilgress@wwu.edu	<i>Renee Wilgress, ARNP</i>
<i>Team Member</i>	Sam Heron	Fairhaven College Interdisciplinary Degree, Summer 2024	Student	Hérons@wwu.edu	
<i>Team Member</i>	Lea TerBeek, RN	Student Health Center	Nursing Supervisor	teerbel@wwu.edu	<i>Lea TerBeek RN</i>
<i>Team Member</i>	Quincy Koch	WWU student	Student	kochq@wwu.edu	
<i>Financial Agent</i>	Juliet Evans	Student Health Center	Staff: Admin Services Manager	Holzknj@wwu.edu	<i>Juliet Evans</i>

SECTION 4: Project Timeline.

- a. **Describe how your project will progress, both before and after the approval of your proposal.** Outline all tasks that are required to complete the project, including all the means in which you will promote the project on campus, in the table below. Insert additional rows, as necessary.


Task	Timeframe	Estimated Completion Date
Establish eligibility requirements/complete SEJF grant application	Present- October 31	Due Nov 1, 2024
With approval of proposal, implementation of ordering(purchasing) first round of supplies and arranging/scheduling eligible patients accordingly	Upon approval for grant	ongoing
Begin arranging/scheduling eligible patients for LARC placement	Reasonable start, Jan 2025 (Winter quarter 2025)	ongoing
Education and promotion	Upon approval for grant and greater push with available supply - reasonable start, Jan 2025 (Winter quarter 2025)	ongoing
Design/develop student surveys	Upon approval for grant	adjustments as appropriate
Generate surveys	With each subsequent LARC insertion used under the grant - Jan 2025 (Winter quarter 2025)	ongoing
Evaluation of demand and use of individual LARC over Winter/Spring 2025	end of Spring 2025	end of Spring 2025
Ongoing orders (purchases) as grant \$\$\$ allow for ongoing appropriate LARC supply	end of Spring 2025-ongoing	through end of grant \$\$\$
Filling out final report	End of project/product access	Through end of product/fund access

- b. **When is the planned project completion date? This is when SEJF staff will be checking in and requesting a Final Report and a Final Expense Report.**

Planned project completion date is Spring 2026, with the possibility of needing to extend the timeline if we still have devices to distribute.

SECTION 5: Project Stakeholders.

- a. Does your project involve labor/participation or require permission from organizations, departments, or individuals on campus? Who will be impacted if this proposal is implemented? All stakeholders must provide a signature of approval for this project. Note: Only stakeholders internal to WWU must be listed.

Stakeholder Name	University Department and Position	Involvement in Project	Stakeholder signature of approval
Lucia Pearson, ARNP- Interim Medical Director	WWU Student Health Center	Interim Medical Director- Oversees Renee Wilgress, ARNP- Team Lead	

- b. Does your project propose a temporary or permanent facility or property modification? If so, is a Project Owner Form attached to the appendix of this application? Please ask a program representative for this form.

No modifications needed. We are a fully equipped medical clinic with provision of Primary Care consultation, diagnosis and appropriate procedural training.

SECTION 6: Project Budget.

Provide an itemized list of the budget items required for this project. Include equipment, construction costs, publicity, labor, and any other costs.

Budget item	Cost per Item	Quantity*	Total Cost
NEXPLANON (5YR)	1,174.00	5	5870.00
PARAGARD IUD (10YR)	1,166.00	5	5830.00
LILETTA IUD (8YR)	908.00	10	9080.00
KYLEENA IUD (5YR)	1,124.00	3	3372.00
INSERTION PROCEDURE-NEXPLANON	68.00	5	340.00
INSERTION PROCEDURE- IUD	107.00	18	1926.00
Incidental/flex costs			1,582.00
Total project budget			\$28,000.00

*Projected demand, actual quantity of each item will adjust according to demand

The SEJF program encourages the identification of additional funding sources to augment SEJF funds, though it is not required. List pending, approved, and denied applications for funding from other sources, along with amounts requested from those sources.

Additional funding source(s), if applicable	Status	Amount
NONE CURRENTLY *		
Total of all other funding sources		\$0

*Each quarter, students registered for classes at Western Washington University are assessed a Health and Wellness fee. This fee, which is shared between the Student Health Center (SHC) and the Counseling/Wellness Center, provides funding to support student access to counseling/wellness, and health (SHC) services on Western’s campus. Historically, this fee has provided students with unlimited access to health and counseling services at no additional charge to the student.

Unlike the Counseling/Wellness Center, which receives supplemental revenue from the state, 100% of the Student Health Center’s revenue is derived from the Health and Wellness fee. The SHC does not have a foundation scholarship program currently.

Total funding amount requested from SEJF	\$28,000.00
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If the project is implemented, will there be any ongoing replacement, operational, maintenance or renewal costs? If yes, has a source of funds been identified to cover those costs? This must be communicated to the appropriate stakeholder.

Ongoing cost	Amount/year	Responsible Stakeholder	Signature
n/a			

SECTION 7: Appendices.

Provide any additional documents, references, or information here.

*1 www.reproductiveaccess.org