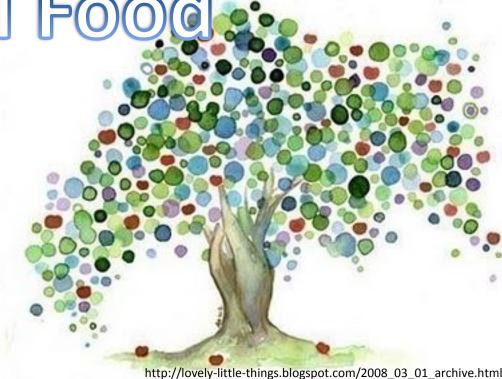
# Western's Relationship With Local Food

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Jonathan Cooper



## Outline

- Methodogy
- Importance of Local Food/Significance to WWU
- What is a Farmer's Market?
- Case Studies
- Survey Data
- CSA box/How it Benefits WWU
- Future Works
- Conclusion

# Methodology

- Farmers Market
- Meetings
- Research
- Surveys
- CSA pilot program



# Importance of Local Food

- Nutrition
- Local economy
- Seasonal
- Distance
- Seed to plate
- Small, local farms
   vs Large, factory farms



http://www.joesgardens.com/Welcome.html

# Significance to Western



http://www.cityofsanrafael.org/Government/We\_Live\_Life\_Locally/calendar/calendar/Downtown\_San\_Rafael\_Farmers\_\_Market.htm?DateTime=633809556000000 000&PageMode=View

## What is a Farmers Market

Local goods

Fresh produce

Community connection



# Case Study: UC Davis

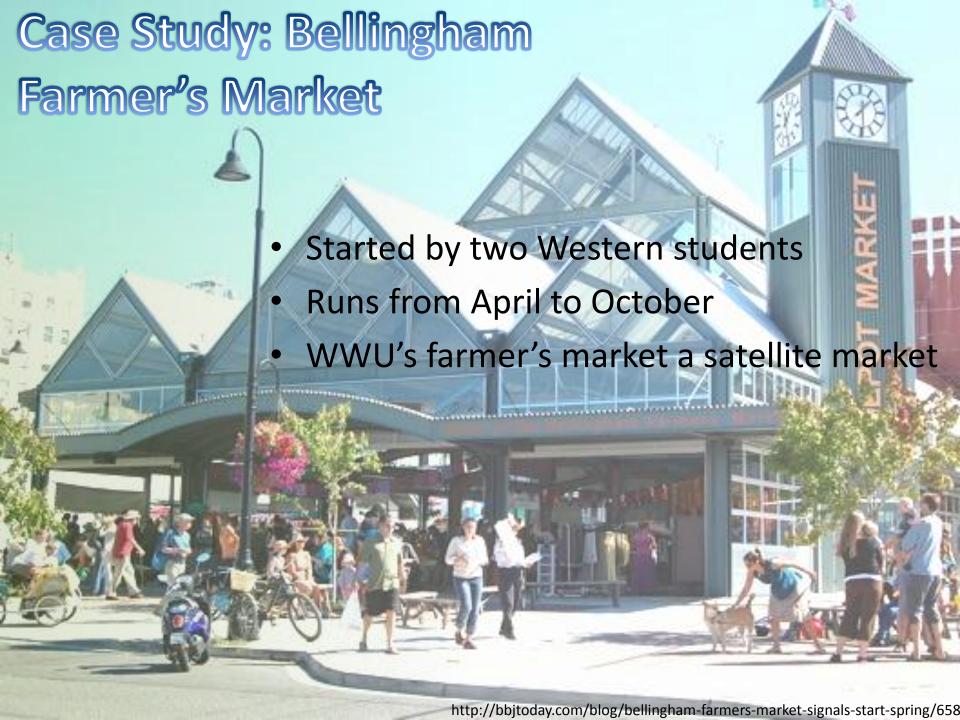


http://sustainability.ucdavis.edu/topics/food/news.html

- Started in 2007
- Awareness and Education
- Smaller satellite market
- More nutritional food options for student population

# San Francisco State





## Survey Data

With the help of...

Gene Myers

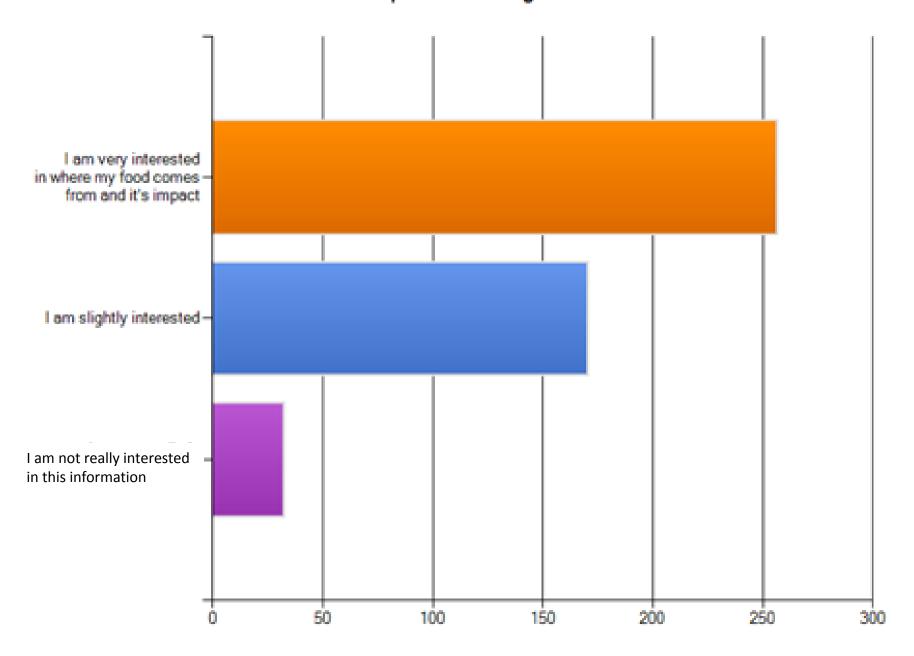
Mardi Solomon

Seth Vidana

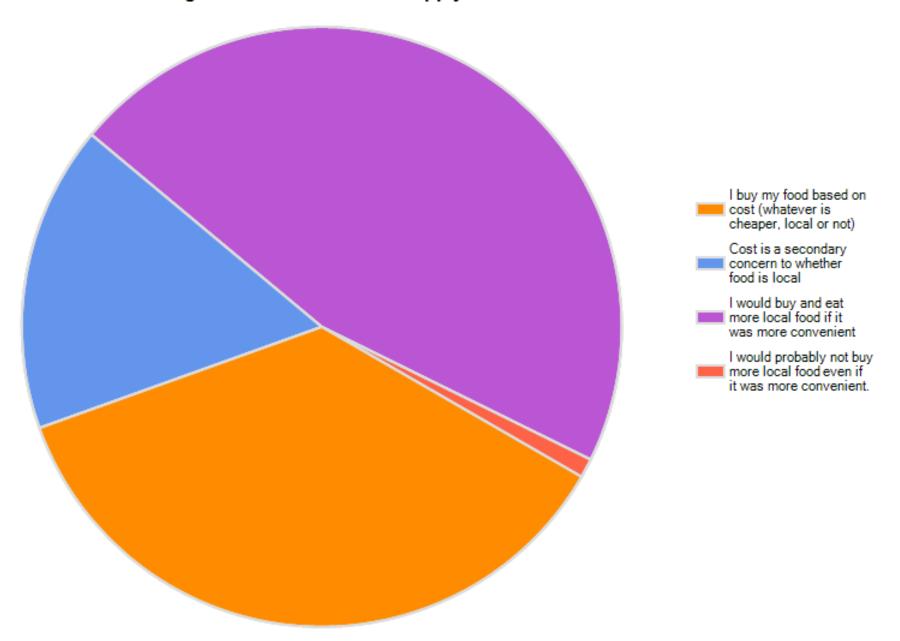


Gathered data from over 400 WWU students and faculty

#### What is your level of interest in learning about where your food comes from and the environmental impact of how we get our food?



## In concern to buying local food, which statements here do you agree with? Check all that apply.





## What is a CSA box?

- Community Supported Agriculture
- Pre-ordered and pre-paid
- From several local farmers



http://onesmartbrownie.blogspot.com/2010\_02\_01\_archive.html

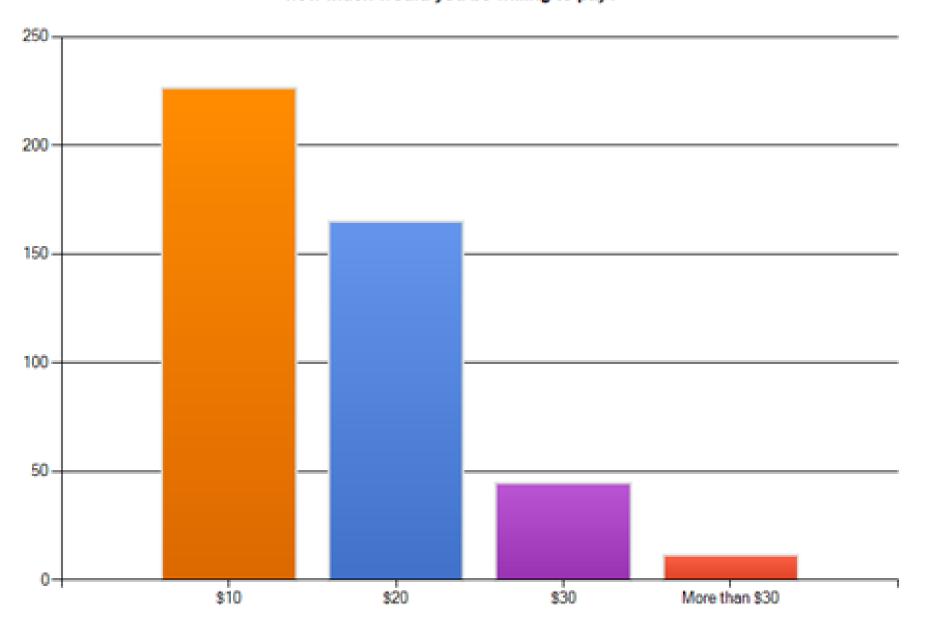
## How will this benefit WWU?

- Supports local farmers
- More access to local foods
- Reducing carbon footprint
- Involved with the community





If you were offered the opportunity to purchase a CSA box (community supported agriculture) which includes 10-15 locally grown produce items delivered once a week on Western's campus, how much would you be willing to pay?



## Future Works

Starving Students and Staff CSA box option

~ 25% discount

~ Week by week

Eventually....

Farmer's Market on Campus



http://www.ethicurean.com/2006/11/07/u-farmers-pasta/ http://www.bellingham.net/index.php?module=pagemaster&PAGE user op=view page&PAGE id=22

### Conclusion

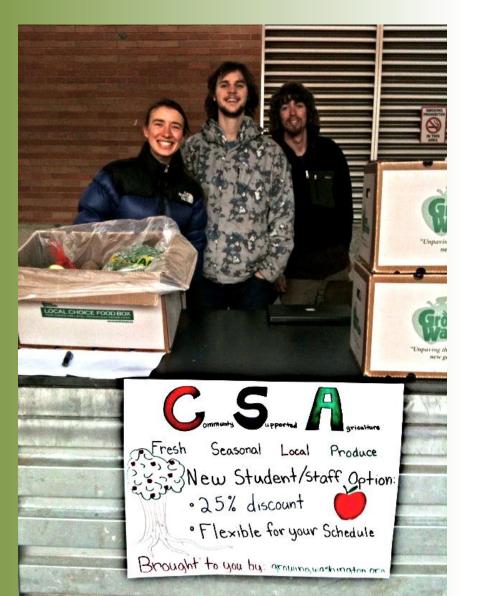
- Accessible local food to students and staff of WWU
- Farmer's Market on campus
- CSA Box pick-up site







# WWU CSA Pick-up Site



- Vendor's Row
- Tuesday December 7, 2010
- •12pm to 2pm
- •Reserve your CSA box by Friday December 3, 2010
- •Contact: Cailen McDevitt (206) 669-1565
- •\$20 check made out to Clayton Burrows

## Contacts and Acknowledgments

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